

EASTERN MIDLANDS CONFERENCE CONSTITUTION

(Revised 11/20/09)

ARTICLE I

Name

Section 1

The name of the conference shall be EASTERN MIDLANDS CONFERENCE

ARTICLE II

Purpose

Section 1

The purpose of this conference is to establish positive relationships between and within member schools and to bind said schools into an organization which will encourage and support competitive and noncompetitive interscholastic activities, all the while maintaining a sensitivity to appropriate balance between academics and activities and a healthy regard for the integrity of the "school day" in respective member schools.

ARTICLE III

Membership and Organization **(amended 8-28-09)**

Section 1

The charter members of this conference shall be composed of BLAIR, ELKHORN, GRETNA, NEBRASKA CITY, NORRIS, PLATTEVIEW, PLATTSMOUTH, **(ELKHORN SOUTH)** and WAVERLY. Other schools may become members by a three-fourths vote of the Executive Council. Schools wishing to withdraw should give two years notice to their anticipated withdrawal date.

Section 2

Any member school that violates the constitution or by-laws, or refuses to perform according to the assignment of the Executive Council may be expelled by a three-fourths vote of the member schools, but a motion to expel shall always lay over to the meeting following that at which it is offered.

Section 3

Each school must be a member in good standing of Nebraska Schools Activities Association in order to maintain membership in the conference and where applicable, adhere to the rules of the NSAA.

Section 4

A school may be reinstated by a three-fourth vote of the member schools.

ARTICLE IV

Administration

Section 1

The administration of this conference shall be vested in an Executive Council composed of the Superintendent and Principal of each member school which shall serve as an internal standing committee to aid the officers in matters of general conference policy.

ARTICLE V

Officers and Elections

Section 1 **(amended 11/20/09)**

Officers serving this organization shall be a President, Vice President and a Secretary-Treasurer. The Presidency shall rotate from **(district)** to **(district)** in alphabetical sequence. The Vice President shall be from the second school in alphabetical sequence. The Secretary-Treasurer will be appointed by the Executive Council at the May meeting and will continue in the post as long as it is agreeable to the appointee and the Executive Council.

Section 2

The President will preside at all meetings, appoint committees to function under his direction, and call those special meetings necessary to transact and execute conference business.

Section 3

The Vice-President will serve in the absence of the President and assist the President in such matters and methods the President requests.

Section 4

The Secretary -Treasurer will keep the minutes of the meetings, mail a copy of the minutes of meetings to each school, and execute and control those matters, obligations, and receipts of a financial nature, take care of correspondence, certificates, supplies, passes, etc., as directed by the activities and serve as historian for the conference. The Secretary-Treasurer will receive a stipend which will be set annually at the spring meeting by the Executive Council.

Section 5

Officers will assume their duties at the close of the last spring meeting.

ARTICLE VI

Meetings

Section 1 **(amended 8-27-08)**

There shall be four regular Executive Council meetings each year to be held in AUGUST, OCTOBER-**(FALL RETREAT)**, MARCH and MAY. Special meetings may be called by the President and/or any three member schools.

Section 2

The first meeting of the conference will be in the last week of August. The date of this meeting will be set by the Executive Council at its organizational meeting in spring.

Section 3 **(amended 8-27-08)**

The EMC Activities /Athletic Directors will **(meet as needed to conduct conference business.)**

- a. The A. D. from the school that currently presides as the president of the Executive Council will serve as the President/Agenda leader of said meetings.
- b. The A. D. from the school that was president the previous year will serve as the Secretary/Reporter of said meetings.

ARTICLE VII

Voting

Section 1 (**amended 11/20/09**)

Each member (**school**) will have the right to cast one vote and TWO-THIRDS OF THE MEMBER (**schools**) FORM a QUORUM. Business transacted and decisions made will not be valid unless passed with a majority vote in a meeting wherein two-thirds of the conference schools are present.

ARTICLE VIII

Standing Committees

Section 1

Standing committees will be appointed as deemed necessary by the Executive Council in those areas where additional help is required. The duties of these committees are to advise and counsel the Executive Council to make those changes and arrangements vital for the efficient operation of the conference.

Section 2

No conference activity may be conducted without prior approval by the Executive Council.

ARTICLE IX

Dues

Section 1 (**amended 8-27-09**)

The dues (if necessary) to the member schools will be set at the spring Executive Council meeting for the ensuing year. These dues are payable to the Secretary-Treasurer by the September meeting. Any additional monies necessary for the operation of the conference must be passed by a (**two-thirds**) vote of the Executive Council.

ARTICLE X

Constitution Changes

Section 1 (**amended 11/20/09**)

This constitution and by-laws may be amended at any regular or special meeting. Such amendment shall require an affirmative vote of (**two-thirds**) or more member (**schools**) to be adopted.

Section 2

Any constitution or by law revision must be submitted and introduced at a regular or special meeting of the Executive Council and be voted on at the following meeting.

BY-LAWS OF THE EASTERN MIDLANDS CONFERENCE

ARTICLE I (amended 8-27-08)

Conference Activities

The Eastern Midlands Conference shall administer only programs at the varsity level of competition. The Programs governed by the Conference are:

- | | | |
|---------------------------------|----------------------------|------------------|
| 1. Football | 9. Play Production | 17. Girls Tennis |
| 2. Volleyball | 10. Art | 18. Baseball |
| 3. Basketball (Boys & Girls) | 11. Vocal Music | |
| 4. Wrestling | 12. Instrumental Music | |
| 5. Track (Boys & Girls) | 13. Academic championships | |
| 6. Cross-Country (Boys & Girls) | 14. Soccer (Boys & Girls) | |
| 7. Golf (Boys & Girls) | 15. Softball | |
| 8. Speech | 16. Academic Decathlon | |

A program will come under conference administration whenever (**two-thirds**) of the member schools participate and indicate a desire to hold conference competition in the event.

ARTICLE II

Annual Organizational Meeting

Within two weeks of the conclusion of an EMC activity, the coaches of that activity will meet and/or communicate to discuss any revisions or new proposals to the by-laws. Any new proposals coming from this meeting are to be forwarded to the host school's Activity Director. At the beginning of each school year the Activity Directors will meet to discuss and decide which proposals will be forwarded to the Executive Council. The sponsor/coach of the school hosting the meeting will act as the chairperson.

All proposals submitted to the Executive Council must be in writing with supporting rationale and /or research appended. If circumstances warrant, the Executive Council will also entertain oral presentations from representatives coaches or sponsors of a particular EMC program.

The Executive Council will hold its first meeting during Week 9 of the NSAA standardized calendar for the purpose of acting on all recommendations coming from the individual schools.

ARTICLE III

Awards (amended 8-27-08)

The following awards will be given annually in the conference sponsored activities. **IN THE CASE OF TIES IN TEAM EVENTS, DUPLICATE AWARDS WILL BE GIVEN.** Certificates will be given to each member of each varsity championship team. Each school must notify the Conference Secretary-Treasurer as to how many certificates will be needed.

1. Football
 - 1 Championship Plate
 - (Based on season record)
 - 42 Medals for Champion Team
2. Volleyball
 - 1 Season Championship Plate
 - 1 Tournament Champion Plate
 - 1 Runner-up Tournament Plate
 - 14 Medals to Tournament and Season Champion Teams
3. Girls Golf
 - 1 Tournament Champion Plate
 - 1 Runner-up Tournament Plate
 - 10 Medals (10 best scorers)
 - 5 Medals to Championship Team
4. Boys Cross Country
 - 1 Meet Champion Plate
 - 1 Runner-up Tournament Plate
 - 15 Medals (15 best scorers)
 - 6 Medals to Championship Team
5. Girls Cross Country
 - 1 Meet Champion Plate
 - 1 Runner-up Tournament Plate
 - 15 Medals (15 best scorers)
 - 6 Medals to Championship Team
6. Softball
 - 1 Season Championship Plate
 - 1 Tournament Championship Plate
 - 1 Runner-up Tournament Plate
7. Play Production
 - 1 Best Play Plate
 - 1 Runner-up Play Plate
 - 2 Medals for best performers
 - 15 medals to Championship Team
8. Wrestling
 - 1 Tournament Champion Plate
 - 1 Runner-up Tournament Plate
 - 56 Medals (14 weight classes X 4 medals each class=56)
 - 1 Dual Team Tournament Champion Plate
 - 1 Dual Team Tournament Runner-up Plate
 - 14 1st Place Dual Team Tournament Medals

9. Boys Basketball
 - 1 Season Championship Plate
 - 1 Tournament Champion Plate
 - 1 Runner-up Tournament Plate
 - 14 Medals to Season and Tournament Champion Teams
10. Girls Basketball
 - 1 Season Championship Plate
 - 1 Tournament Championship Plate
 - 1 Tournament Champion Plate
 - 1 Runner-up Tournament Plate
 - 14 Medals to Season and Tournament Champion Teams
11. Speech (same as NSAA)
 - 1 Contest Championship Plate
 - 1 Runner-up Plate
 - 49 Medals (7 individual events X 4 places = 28)
(3 Group Events x 5-O.I.D. & 2 D.A.=21)
12. Academic Championships (Quiz Bowl)
 - 1 Championship Plate
 - 1 Runner-up Plate
 - 8 Medals (4 to the members of 1st place team)
(4 to members of 2nd place team)
13. Art
 - Certificate to each student displaying art work
14. Academic Decathlon
 - 1 Tournament Championship Plate
 - 1 Runner-up Tournament Plate
 - Medals for Tournament Champion Team
15. Boys Golf
 - 1 Tournament Champion Plate
 - 1 Runner-up Tournament Plate
 - 10 Medals (10 best scorers)
 - 5 Medals to Champion Team
16. Boys Track
 - 1 Meet Champion Plate
 - 1 Runner-up Meet Plate
 - 120 Medals (14 individual events X 6 places) =84
 - 3 Relays X 4 (1st Place) =12
 - 3 Relays X 4 (2nd Place) =12
 - 3 Relays X 4 (3rd Place) =12
17. Girls Track
 - 1 Meet Champion Plate
 - 1 Runner-up Meet Plate
 - 120 Medals (14 individual events X 6 places) =84
 - 3 Relays X 4 (1st Place) =12
 - 3 Relays X 4 (2nd Place) =12
 - 3 Relays X 4 (3rd Place) =12

18. Boys Soccer
 - 1 Season Championship Plate
 - 1 Tournament Championship Plate
 - 1 Runner-up Tournament Plate
 - 20 Medals each for Season and Tournament Champion Teams
19. Girls Soccer
 - 1 Season Championship Plate
 - 1 Tournament Championship Plate
 - 1 Runner-up Tournament Plate
 - 20 Medals each for Season and Tournament Champion Teams
20. Tennis
 - 1 Tournament Championship Plate
 - 1 Runner-up Tournament Champion Plate
 - 6 Medals for Tournament Champion Team
 - 1-4 Medals #1 Singles, #1 Doubles
 - 1-4 Medals #2 Singles, #2 Doubles
21. Baseball
 - 1 Season Championship Plate
 - 1 Tournament Championship Plate
 - 1 Runner-up Tournament Plate
 - 20 Medals each for Season and Tournament Champion
22. 1 SPORTSMANSHIP PLATE

ARTICLE IV

Scheduling (revised 9-1-09)

Conference schools will follow a round robin schedule each year as established by EMC Activities Directors with other conference schools in all conference varsity sports. In all other activities, first consideration should be given to conference members in scheduling dual meets, triangular, and individual contests.

ARTICLE V

Rotation of Hosting-Organizing Conference Activities

The responsibility for hosting-organizing conference tournaments, meets, contests and clinics will be on an alphabetical rotation with the following guidelines (Article VI to the end of the by-laws) applicable in all cases, providing you have the facilities to be the host.

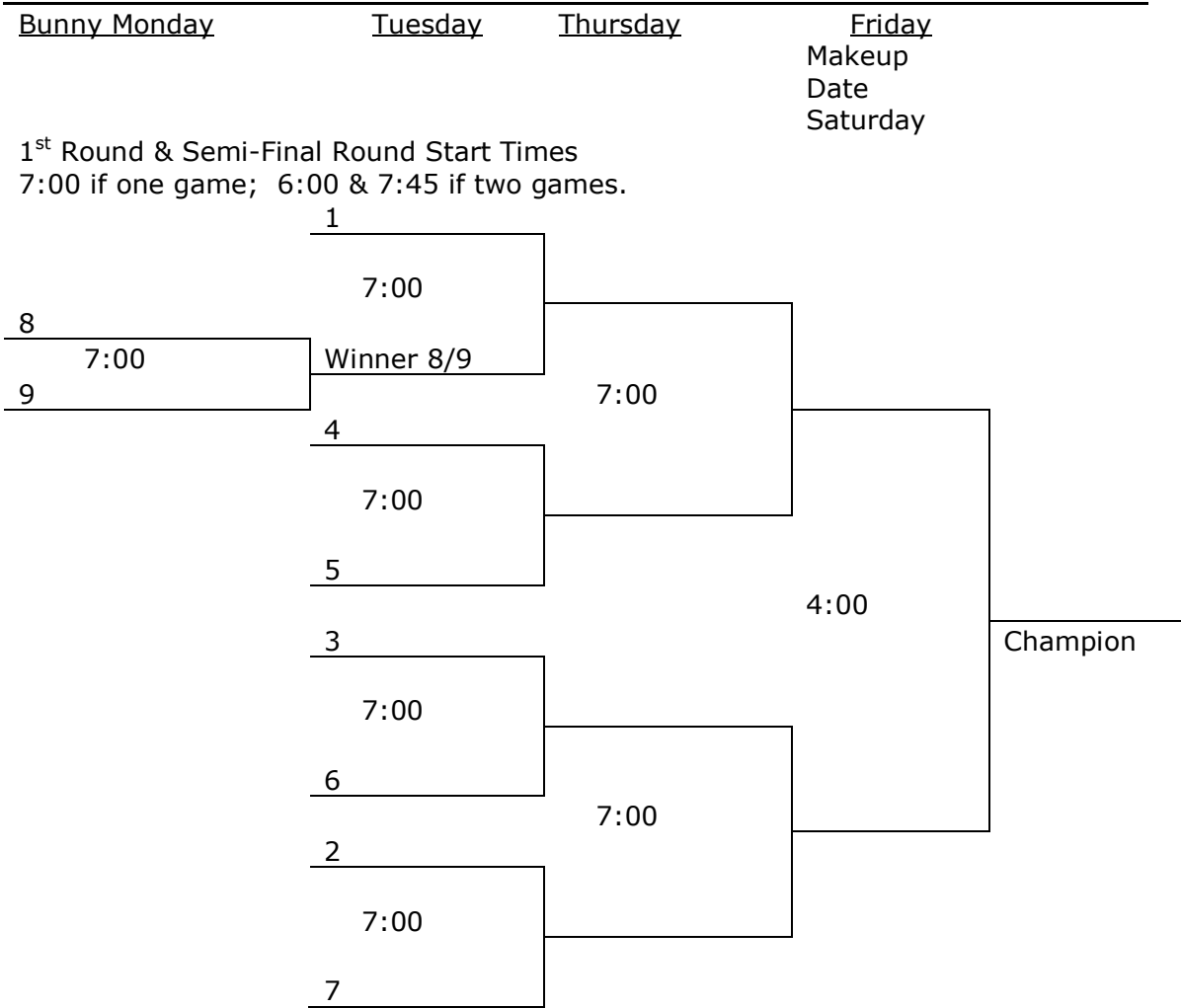
ARTICLE VI

Tournaments (Athletic) (**amended 8-27-08**)

Tournament or meets will be held in the following activities and be conducted in the following manner. At all tournaments the official traveling party will be admitted free. Pep Bands (of schools playing that night) accompanied by their director will be admitted free. Cheerleaders in uniform from competing schools will be admitted free.

***At the volleyball, basketball, baseball, soccer and softball tournaments the 1st, 2nd, and final round Host Schools are to pay the officials used at their sites. A financial statement (including the transaction) is to be forwarded to the **tournament host school**.

BASKETBALL (Boys & Girls) (amended 11-20-09)



1. Bunny Bracket games will be played on Monday (NSAA Week 30) with Seed 8 vs. Seed 9.
2. First round games will be played at four different sites, the site determined by the top of the bracket which will be the 1,2,3, & 4th seeded teams. Seed 8 will host.
3. The Semifinals and Finals of both the boys and girls will be played at the highest seeded team in their respected bracket with the finals site being at the highest seeded remaining team on a gender rotating basis.
4. Host school is defined as the school that is the highest seed in their respective bracket.
5. All tournaments will follow NSAA District Tournament Formats.

CROSS COUNTRY

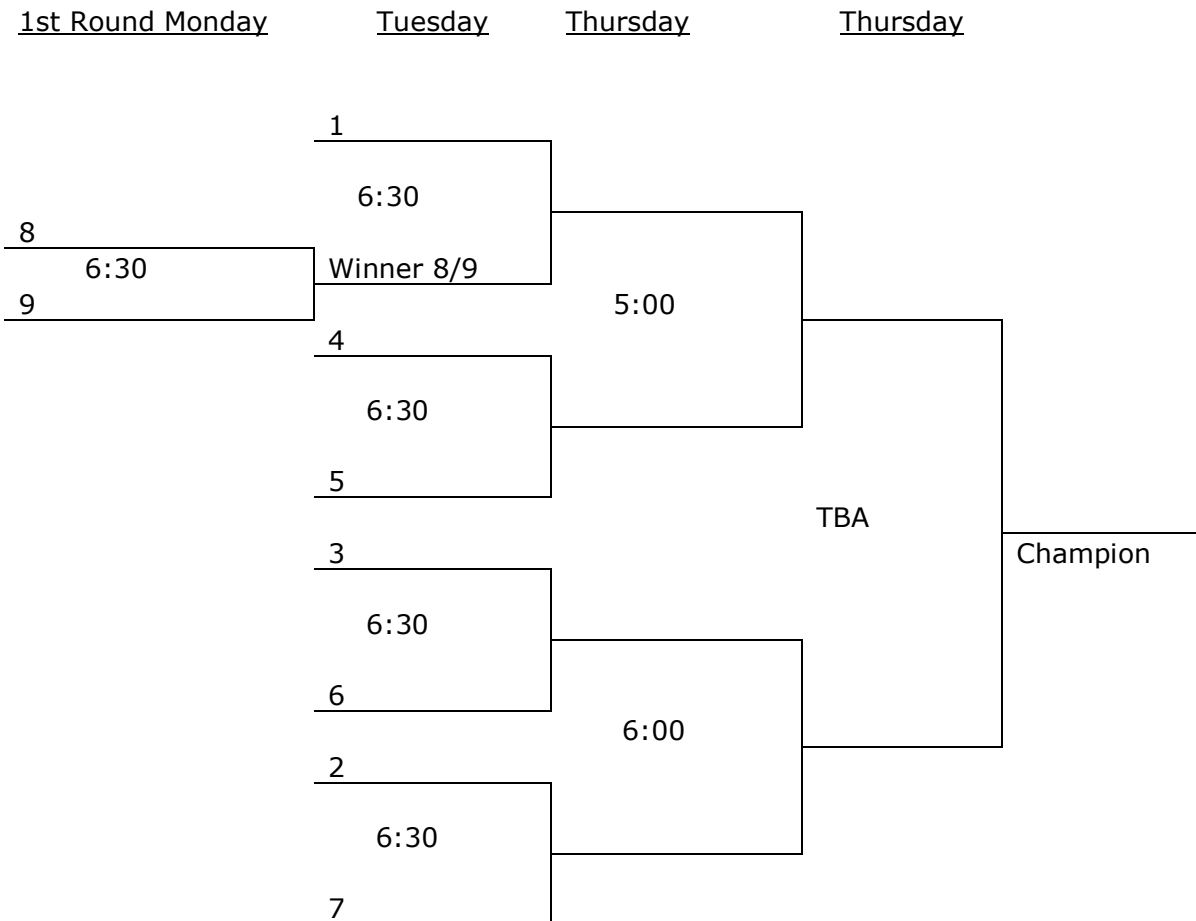
Meet will be held and conducted according to NSAA Guidelines. The meet will be conducted on a suitable date to be determined by the availability of the course.

GIRLS & BOYS GOLF

Eighteen Hole Tournament conducted according to NSAA Guidelines. The tournament will be rotated to all participating schools.

VOLLEYBALL (amended 11-20-09)

1. First round games will be played at four different sites, the site determined by the top of the bracket which will be the 1,2,3, & 4th seeded teams (NSAA Week 13).
2. The Semifinals and Finals will be played at the highest seeded team in their respected bracket with the finals site being at the highest seeded remaining team. The NSAA prescribed ball for district play will be the official ball used at all sites and will be furnished by the host schools.



WRESTLING (amended 11-20-09)

The EMC Dual Team Tournament will take place on (NSAA Week 27) Friday & Saturday with 3 duals on Friday and 5 duals on Saturday.

The EMC tournament will take place on (NSAA Week 31) Saturday. Wrestle through four places in each weight class.

TRACK (revised 8/29/01)

An annual meet (NSAA Week 44) will be held to determine the Boys and Girls Track Champion. NSAA Guidelines will govern the meet. A combination Boys and Girls meet will be held on Thursday. In the 4 x 100 and 4 x 400 heat 1 will consist of seeded teams 7,8,9. Heat 2 will consist of seeded teams 1-6.

SOFTBALL (amended 8-27-08)

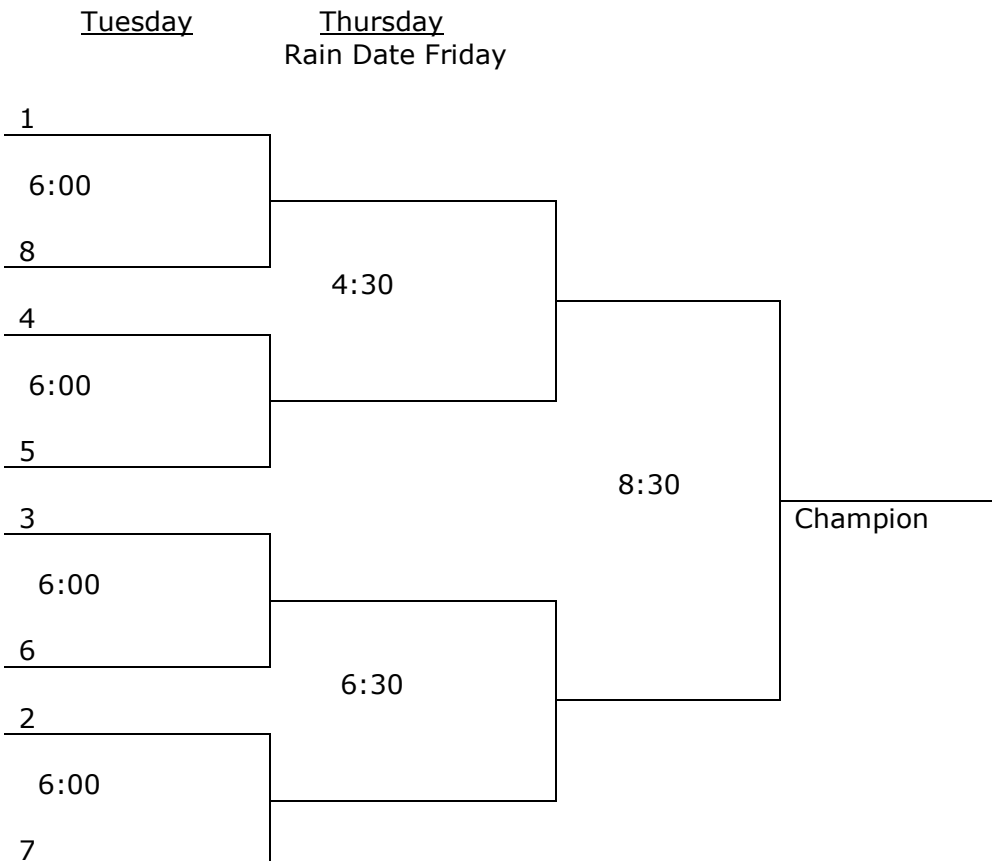
1. First round games will be played at four different sites, the site determined by the top of the bracket which will be the 1,2,3, & 4th seeded teams (NSAA Week 13)
2. Second round non-winner games will be played on Thursday.
3. The Semifinals and Finals will be played at the highest seeded team in their respected bracket with the finals site being at the highest seeded remaining team.

A tournament will be held according to NSAA guidelines on Tuesday and Thursday of Week 13 of the NSAA Standardized calendar. First round games on Tuesday at the sites of the 1st, 2nd, and 3rd and 4th seeded teams. The semifinal and finals will be played at the site of the host school. Game times will be 6:00 on Tuesday and 4:30, 6:30* and 8:30*pm Thursday.*(games may start earlier by mutual consent of both head coaches).

The tournament will be in two parts, on Tuesday at the sites of the top four seeded teams and on Thursday the semifinals and finals will be held at the site of the highest remaining seeded school.

For all EMC tournament games, the higher seeded team will be the home team and will occupy the 3rd base dugout.

Seeding for the tournament will based on NSAA wild card points.

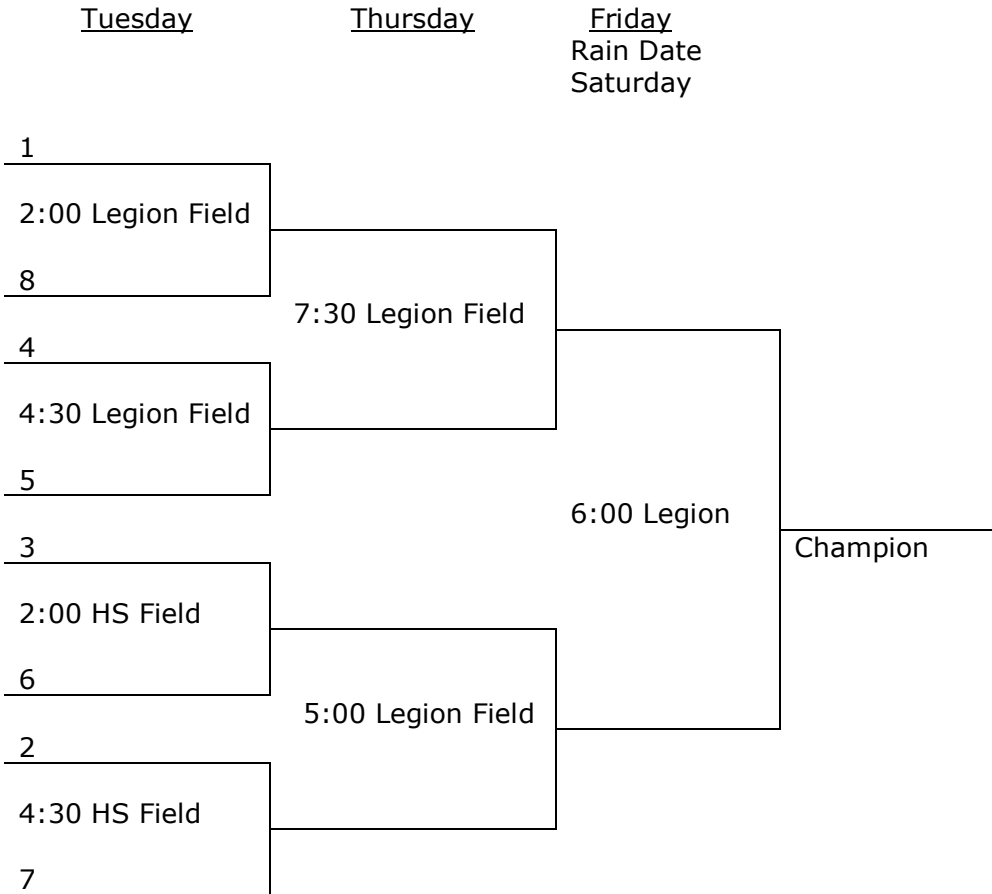


BASEBALL (amended 11/20/09)

1. The Tournament will be played at the Elkhorn baseball fields (NSAA Week 41)
 A tournament will be held according to NSAA guidelines on Tuesday, Thursday,
 Friday of Week 41 of the NSAA Standardized calendar.

For all EMC tournament games, the higher seeded team will be the home team
 and will occupy the 3rd base dugout.

Seeding for the tournament will based on NSAA wild card points.



BOYS AND GIRLS SOCCER (amended 11/20/09)

Monday: 8th and 9th seeded teams play with 8th seed being home. (Week 43)

Tuesday: 1st,2nd,3rd and 4th seeded teams will be home sites

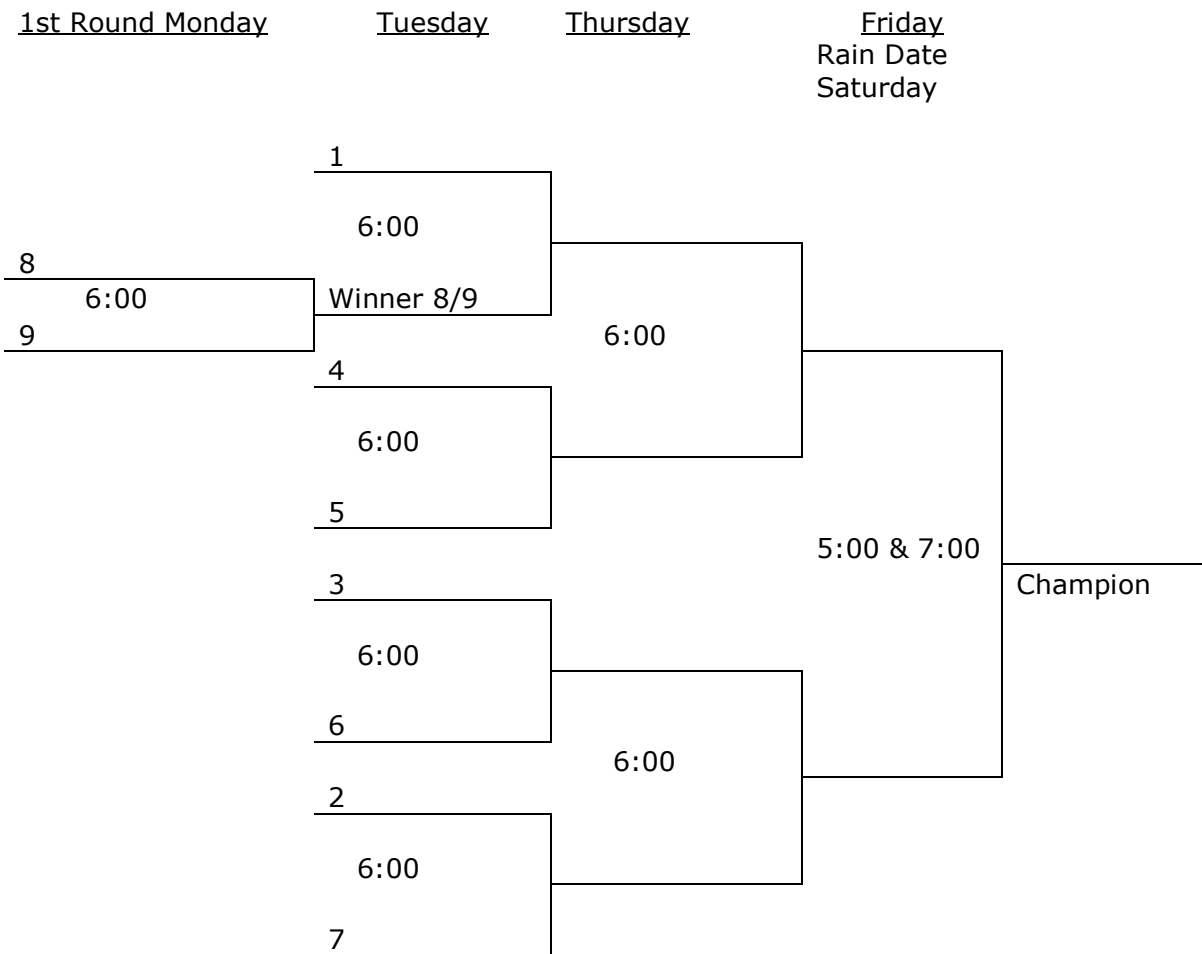
All game times will be 6:00

If both boys and girls play at same site, game times will be 5:00 & 7:00

Thursday: Boys semifinals will be played at the sites of the highest two seeded teams on opposite bracket sides.

Girls semifinals will be played at the sites of the highest two seeded teams on opposite bracket sides.

Friday: Girls and Boys finals will be played at the site of the highest seeded girls team then rotate to the highest seeded boys team the next year. 5:00 & 7:00.



ARTICLE VII

Tournaments (Non-Athletic)

DRAMA

Operated on the same format as the NSAA sponsored competition.

SPEECH

This should be a two round tournament with the following variables:

1. Students should never be judged by judges from their own school.
2. Students should compete with as many different individuals as possible, therefore having different contestants in each round as scheduling permits.
3. Students should have a different speaking order in each round if possible.
4. Students that are double entered should be scheduled to avoid conflict if possible.
5. The nine events should be divided into 2 categories with perhaps 3 sections for individual events and 2 sections for group events.

For example a schedule could run as follows:

12:30 Registration
12:34 Meeting draw for Extemp Round 1
1:00 Round 1--A.P., H.P., A. D., Poetry
1:45 Round 1--Extemp
2:15 Round 1--D.A., O.I.D., O.P.A., Inform
2:45 Draw Round 2 Extemp
3:30 Round 2-- S.P., H.P., A. D., Poetry
3:45 Round 2--Extemp
4:45 Round 2-- Inform, O.P.A., D.A., O.I.D.
6:15 Awards

This schedule is only an example and could be modified to fit times for each particular contest. Very few conflicts with students double entered would result from the preceding schedule.

The top three contestants would be decided by a combination of their rank and points from each round with rank as the determining factor and speaker points used to break ties. For example: If John Doe score would be 3/86. A perfect score for both rounds would be 2/100.

A final tabulation of all events and team standings should be included in the schools packets at the end of the tournament.

ART

A show will be sponsored annually. It will be held in an appropriate academic setting. The host school is responsible for securing three presenters for a one day workshop and site. Each school will be limited to bringing approximately 15 students.

VOCAL MUSIC

A clinic will be held, commencing at 1:00. A concert will be held on the same day at 7:00 and admission will be charged. The host school is responsible for securing a clinician.

INSTRUMENTAL MUSIC

Each director will decide upon the clinician (s) and a date for their clinic. The clinician(s) will go to the school and work with the full band as well as soloist and small ensembles.

Each school will hire their own clinician (s) at a total salary not exceed \$100.00 (including mileage).

ACADEMIC CHAMPIONSHIP (Quiz Bowl)

An academic contest will be held annually.

ACADEMIC DECATHLON

An Academic Decathlon will be held annually.

ARTICLE VIII

Seeding Procedures

(revised 8-29-01)

For all events that require seeding, teams and individuals will be seeded according to current NSAA district seeding procedures for their respective activity. Seeding date for each activity will be the Wednesday preceding the tournament. If there is a tie (s) then head to head competition will break the tie. If there is still a tie (s) then it will be broken by overall record. If there is still a tie (s) then it will be broken by a coin flip.

ARTICLE IX

Reimbursement Schedule When Hosting Conference Events

(revised 9-1-09)

1. The cost of all awards given is a conference expense and thus not reimbursable. First, second and final round tournaments hosts are to pay for officials and send an expense report with receipts to the conference secretary.
2. Host schools for Wrestling and Track and Golf if applicable are allowed \$800 for expenses. All other activities are reimbursed \$250 per night.
3. Vocal Music Clinic
The host school will be reimbursed the cost of the guest clinician and the cost of the pianist. The host school shall submit to the Secretary-Treasurer of the EMC a complete financial statement and a result summary immediately upon the completion of the contest.
4. Play Production Contest
The host school will be reimbursed the cost of three judges. The host school shall submit to the Secretary-Treasurer of the EMC a complete financial statement and a result summary immediately upon completion of the contest.
5. Student Council Exchange
No reimbursement
6. Speech Contest
The host school will be reimbursed for the hiring of one judge for every eight entries. In addition that school may present an expense voucher for the following (should such expenses be incurred): Printing, Postage, Telephone, and hospitality room. The host school shall submit to the Secretary -Treasurer of the EMC a complete financial statement and a results summary immediately upon the completion of the tournament.

7. Academic Championships

The host school will be reimbursed for 11 sets of Quiz Bowl questions, stipend for six readers or \$30, timers/scorekeepers at \$4 per match, and hospitality room expenses. The host school shall submit to the Secretary-Treasurer of the EMC a complete financial statement and a results summary immediately upon the completion of the event.

8. Instrumental Music

Schools that wish to participate may be reimbursed for the cost of a clinician (not to exceed \$100 per school per year.) Such requests should be sent to the Secretary-treasurer of the EMC along with a report of the clinician used.

9. Art Show and Clinic

The host school will be reimbursed for the cost of the guest artists (3 or less). The host school shall submit to the Secretary-treasurer of the EMC a complete financial statement and a result summary immediately upon the completion of the show.

10. The host of EMC Dual Wrestling Tournament and Baseball Tournament will keep gate receipts minus award expenses.

ARTICLE X

Officials

Fees allowed for contracting officials or judges will be paid the same as NSAA District officials and judges are paid.

ARTICLE XI

Meetings

All Conference selection meetings will be held outside the regular school day.

ARTICLE XII

Conference Passes

There will be conference passes issued. Passes will admit A STAFF MEMBER PLUS ONE.

ARTICLE XIII

Operating Code of the Eastern Midlands Conference

The following items are deemed in the best interests of the conference and the student it represents. They apply to all conference activities.

1. No artificial noisemakers are to be used at conference activities.
2. Music instruments are to be played only as part of and organized yell or a directed Pep Band.
3. No confetti or other items are to be thrown on the field or floor.
4. Inappropriate gestures and cheers are not acceptable. Schools should make every effort possible in controlling booing and unnecessary disruption during a game.
5. Signs and posters are acceptable with approval of the host school at conference sponsored activities.
6. Refer to NSAA Sportsmanship Manual.

ARTICLE XIV

All Conference Selection

(Revised 5/28/2008)

The conference will honor All-Conference participants in Boys and Girls Basketball, Volleyball, Football, Boys and Girls Soccer, Baseball and Softball. In all other activities, the conference individual winners are decided in the area. The following guidelines regarding All-Conference selection will be adhered to.

*If there are ties the places are combined and number of selections added together then divided by the number to tied teams. Example: a two way tie for 1st, both team would receive 6 selections and there would be no second place selections. If coaches feel they do not have quality players to fill their spots they can choose to only pick the number of quality players they believe are deserving.

*At anytime a coach may give up a selection if not applicable.

FOOTBALL: The conference will honor twenty five players regardless of position. Each school will nominate their own players according to the criteria listed below. Players may be added to the list at the completion of the All-Conference selections by the coaches, and will receive honorable mention status.

Due to new NSAA scheduling procedures, the following system will be implemented to determine the order of finish for the EMC football title.

- a. NSAA power points at the end of the 9th regular season game will determine rank. Highest ranking team = 1, second = 2, etc.
- b. Winning percentage of EMC head to head conference games. After figuring the winning percentage of EMC games played, schools will be ranked in order. Highest winning pct. team will be 1st, second winning pct. team = 2nd, etc. In some case of ties, points will be split between schools with equal records.
- c. Team with the lowest point total from (a.) and (b.) above will be determined as Conf. champion.

Number of selections as per rank after regular season:

| | | |
|------------------------------------|------------------------|------------------------|
| #1 Team = 7 selections to All-Conf | #4 Team = 3 selections | #7 Team = 2 selections |
| #2 Team = 5 selections | #5 Team = 2 selections | #8 Team = 1 selection |
| #3 Team = 3 selections | #6 Team = 2 selections | #9 Team = 1 selection |

BASKETBALL: (Boys and Girls) The conference will honor twelve players regardless of position. Each school will nominate their own players according to the criteria listed below. Players may be added to the list at the completion of the All-Conference selections by the coaches, and will receive honorable mention status.

Number of selections as per rank after Regular Season:

| | | |
|------------------------------------|------------------------|-----------------------|
| #1 Team = 3 selections to All-Conf | #4 Team = 2 selections | #7 Team = 1 selection |
| #2 Team = 2 selections | #5 Team = 1 selection | #8 Team = 1 selection |
| #3 Team = 2 selections | #6 Team = 1 selection | #9 Team = 1 selection |

VOLLEYBALL: The conference will honor thirteen players regardless of position. Each school will nominate their own players according to the criteria listed below. Players may be added to the list at the completion of the All-Conference selections by the coaches, and will receive honorable mention status.

Number of selections as per rank after Regular Season:

| | | |
|------------------------------------|------------------------|-----------------------|
| #1 Team = 3 selections to All-Conf | #4 Team = 2 selections | #7 Team = 1 selection |
| #2 Team = 2 selections | #5 Team = 1 selection | #8 Team = 1 selection |
| #3 Team = 2 selections | #6 Team = 1 selection | #9 Team = 1 selection |

SOCCER: All-Conference team selections are based on team place of finish in the regular season schedule. Coaches will choose their own players. The total number will be twenty-three (23) on the All-Conference team with Honorable Mention selections at the discretion of each coach. The selections will be as follows:

| | | | |
|-------------------------|--------------|-------------------------------------|--------------|
| 1st Place Team receives | 7 selections | 5th Place Team receives | 2 selections |
| 2nd Place Team receives | 5 selections | 6th Place Team receives | 2 selections |
| 3rd Place Team receives | 3 selections | 7th Place Team receives | 1 selection |
| 4th Place Team receives | 3 selections | 8th Place Team receives | 1 selection |
| | | 9 th Place Team received | 1 selection |

SOFTBALL: All-Conference team selections are based on team place of finish in the regular season schedule. Coaches will choose their own players. Honorable Mention selections will be at the discretion of each coach. At any time a coach may give up a selection if not applicable.

| | | |
|-----|----------------|------------------|
| | All-Conference | |
| 1st | 5 selections | 5th 2 selections |
| 2nd | 4 selections | 6th 2 selections |
| 3rd | 3 selections | 7th 1 selections |
| 4th | 3 selections | 8th 1 selections |

BASEBALL: All-Conference team selections are based on team place of finish in the regular season schedule. Coaches will choose their own players. Honorable Mention selections will be at the discretion of each coach. At any time a coach may give up a selection if not applicable.

| | | |
|-----|----------------|------------------|
| | All-Conference | |
| 1st | 5 selections | 5th 2 selections |
| 2nd | 4 selections | 6th 2 selections |
| 3rd | 3 selections | 7th 1 selection |
| 4th | 3 selections | 8th 1 selection |

ARTICLE XV

Broadcasting Conference Events

The EMC schools will make provisions of conference sponsored events to provide for TV and or radio stations to film or broadcast such events.

ARTICLE XVI

Academic All-Conference Selection

The conference will honor Academic All-Conference participants in each of the varsity interscholastic boys and girls athletic programs that contend for a conference championship.

Criteria

The following criteria must be met (in total) in order for a student-athlete to receive the EMC Academic All-Conference Award in any sport.

1. A student must be a contribution of a varsity team and have been in that role in at least one half of the contests in which the school participated.
2. The student must be a junior or senior at the nominating school. Grade level status is determined by individual school policy.
3. The student must have a cumulative GPA of 3.5 or better in a B+ based on a standard 4.0 scale. In addition, the student may not have any permanent failures recorded on his/her transcript for the previous semester.

Selection

The EMC Secretary will distribute to each athletic coach, through their respective principal or AD, a criteria sheet which describes the Academic All-Conference criteria and asks the coach to list those student athletes that qualify for the award. The sheet will list the student athlete's name and GPA.

Coaches will be asked to deliver the names of the student athletes to designated conference representative at the coaches All-Conference meeting held at the conclusion of each athletic season.

All student athletes submitted by their respective coaches will be granted the EMC Academic All-Conference Award in their respective sports.

Awards

The EMC Secretary will prepare a press release for each student athlete's home town newspaper and present certificates to the school to be presented to the student at a ceremony determined by the school.

Records

The EMC Secretary will record in the annual Record book, each year, those students and their respective schools, who receive the Academic All-Conference Award.

ARTICLE XVII

Sportsmanship Award

(revised 9/5/2000)

Beginning with the 1988-89 school year, a traveling sportsmanship trophy will be awarded. Ratings will be applicable for all intra-conference, varsity, competition and activities including conference tournaments and will be weighed as follows: 20% Management, 20% Player Conduct, 20% Coaches Conduct, 20% Student Conduct, and 20% Fan Conduct. Each school will designate an individual to compile a rating sheet on each conference opponent at the end of each sport. At the close of the spring seasons, said individual will tally all rating sheets for the year and then send them to the Conference Secretary, who will assemble a composite rating and then notify all conference schools. Schools may not vote for themselves. A conference official will award the trophy in early fall at a ceremony deemed appropriate by the winning school. Any school winning the trophy for three consecutive years will maintain permanent possession, and the conference will purchase another trophy. The Conference Secretary will provide sample rating sheets.

The trophy will be awarded in the fall of each year based on the previous year's cumulative ranking:

ARTICLE XVIII

Schedule of Admission Prices

(revised 5/15/09)

**VOLLEYBALL, SOFTBALL, BASKETBALL, TRACK, FOOTBALL, SOCCER,
BASEBALL EVENTS:**

Students \$4 Adults \$5

VOCAL MUSIC CONCERT: Everyone \$3

PLAY PRODUCTION CONTEST: Everyone \$3

WRESTLING TOURNAMENTS: EMC Tournament EMC Dual Tour

ALL DAY PASS Students \$6 Fri: \$5 & \$4

Adults \$8 Sat: \$8 & \$6

ALL REGULAR SEASON EMC VARSITY CONTESTS

STUDENTS \$4 - ADULTS \$5

TO ALL OF THE ABOVE, EMC SCHOOL PASSES SHALL BE HONORED. Pep bands (of schools participating in a particular session) accompanied by their director will be admitted free of charge to EMC Tournaments.

Cheerleaders (in uniform) from competing schools will be admitted free of charge to all of the above.

Article XIX (Revised 5-1-06)
RECRUITING (Undue Influence) EMC Protocol

RATIONALE: The recruiting of children for high school athletic and activity purposes is a reality in our state. Private and public schools are involved. The Eastern Midlands Conference (EMC) wishes to address this problem by raising awareness and taking action as a conference in accordance with the bylaws of the Nebraska State Activities Association (NSAA).

The following excerpts 2.8 through 2.8.2.7 are found in the Nebraska School Activities Association Bylaws for All Activities Article 2, page 8.

- 2.8 **UNDUE INFLUENCE** (NSAA established approved rulings and interpretations)
- 2.8.1 The use of undue influence by anyone causing a student in one school to transfer to another school or attend a school for activity participation purposes shall render that student ineligible. The length of ineligibility shall be determined by the Board of Control.
- 2.8.2 The Board of Control shall determine what shall constitute undue influence. Undue influence shall always include but not be limited to the following: Offer or acceptance of money, room, board, clothing, or other valuable considerations to a student.
- 2.8.2.1 Offer or acceptance of a home or living quarters with any person affiliated with the school. (Extenuating circumstances will be considered if presented to the Board of Control for review).
- 2.8.2.2 Offer or acceptance of any school privilege not available to other pupils.
- 2.8.2.3 Free or reduced rent for parents.
- 2.8.2.4 Payment of the moving expenses of the parents.
- 2.8.2.5 Offer or acceptance of employment for the parents in order to entice the family to move to a certain community so as to gain the services of a child in the school's activity program.
- 2.8.2.6 Any attempt by a representative of a school or any individual or group outside the school to recruit a student(s) in order to gain his/her services in the school's activity program.

Eastern Midlands Conference Recruiting (Allegations) Violations Review Board

The Eastern Midlands Conference Executive Committee will appoint a 3 member Recruiting (Allegations) Violations Review Board. Each member will be a superintendent or principal from member schools and serve 3-year terms. The 3-year term rotations are to be determined by the EMC Executive Committee.

Allegations Review Board Responsibilities

When a member school suspects a recruiting violation of one of their students, the member school will conduct an investigation. If the member school determines that a violation has occurred, they will submit a letter to the review board that includes all factual information. This letter must be approved and signed by the district superintendent.

The board will review the contents of the letter and determine whether to forward the letter to the violating school and the N.S.A.A. If the review board considers the allegations to be valid, the following procedures will be followed:

1. The review board will send a letter (from the EMC) to the superintendent, principal and activities director of the alleged offending school informing them of the recruiting allegations and that this information has been forwarded to the Nebraska School Activities Association.
2. The review board will submit a letter (from the EMC) to the N.S.A.A. that includes all factual and relevant information concerning the alleged recruiting violation.

The following excerpts 2.11 through 2.11.2 are found in the Nebraska School Activities Association Bylaws for All Activities Article 2, page 8.

2.11 Penalties (NSAA established approved rulings and interpretations). In addition to the penalties stated below, other penalties may be enforced which are listed in the Bylaws and/or Approved Rulings accompanying activities elsewhere in the NSAA Yearbook.

2.11.1 School Violations. For violation by a member school of any of the provisions of the Constitution, Bylaws, or rules adopted by the Representative Assembly or approved by the member schools or approved by the Board of Control, the Board of Control or Executive Director may impose, but not be limited to, one or more of the following penalties:

- 2.11.1.2** Issue a private or public reprimand to the school.
- 2.11.1.3** Recommend that the responsible school official receive a private or public reprimand.
- 2.11.1.4** Enforce the forfeiture of one or more contests in team or individual sports.
- 2.11.1.5** Enforce the forfeiture of points scored by students in individual competition.
- 2.11.1.6** A student or staff member may be reprimanded, placed on probation, or suspended from participation for one or more contests.
- 2.11.1.7** Recommend that the school declare the guilty student ineligible for up to ninety school days or the remainder of the school year.
- 2.11.1.8** Place the school on probation for a period not to exceed one calendar year.
- 2.11.1.9** Suspend a school for part of the season of an activity
- 2.11.1.10** Expel the school from Association membership for a period not to exceed one calendar year.

2.11.2 Student Violations. If a student violates any of the provisions of the Constitution, Bylaws, or Approved Rulings during the course of an Association-sponsored district contest, playoff, or state contest, the Board of Control or Executive Director may suspend the student from further competition for any portion or all of the remainder of the subdistrict, district, playoff, or state contests.

2.11.5 **Investigation.** Prior to the assessment of any penalty, the Executive Director will gather data in order to establish intent, fault, and the effect an ineligible participant had on any interschool contest. These factors shall be weighed in determining the severity of the penalty assessed. The Executive Director's decision may be appealed to the Board of Control.

In addition to the EASTERN MIDLANDS CONFERENCE BYLAWS, Article XIX, RECRUITING (Undue Influence) EMC Protocol, it is recommended by the EMC Executive Board that the Board of Education of each EMC member school adopt a Board Policy with respect to recruiting or the use of undue influence to cause a student in one school to transfer to another school or attend a school for activity participation purposes.

A sample policy is provided for your consideration.

**Instruction
6565**

Student Recruiting (Undue Influence)

The purpose of this policy is to inform school district employees, volunteer sponsors, or volunteer coaches that they are not to engage in the use of undue influence or recruiting practices to cause a student in one school or district to transfer to another school or district or attend a school for activity participation purposes.

It is the policy of this district to direct those seeking information about district schools, programs, organizations, and activities to the school superintendent, building principal, or activities director. The school administrators shall make available public information regarding the school district, its schools, programs, policies, and procedures with said purpose to assist in the process of fully informed decision making regarding school enrollment and to enhance the visibility and image of district schools. The building principal shall determine if the activities director or coaches/sponsors shall meet and confer with interested students and parents and if so determined, said meeting will take place within the presence of a school administrator.

Undue influence shall be defined in accordance to the Nebraska School Activities Association Bylaws for Activities and as presented in the Eastern Midland Conference Bylaws Article XIX titled Recruiting (Undue Influence) EMC Protocol. Employees are further prohibited from encouraging others to engage in such contact on behalf of the district.

Employees who violate the provisions of the policy shall be subject to disciplinary action as appropriate. Disciplinary action shall be made pursuant to district policies, applicable statutory authority, and the bylaws of the Nebraska School Activities Association.