

2009 GIRLS SOCCER

Soccer Tournament Results:

Gretna

5-0 Gretna

Waverly

2-0 Gretna

Platteview

3-2 Plattsmouth

Plattsmouth

Elkhorn 1-0

CHAMPION

Elkhorn

6-0 Elkhorn

Blair

1-0 Elkhorn

Norris

5-0 Norris

NE City

Regular Season

1. Gretna 6-1 1. Norris 6-1 5. Platteview 3-4 7. NE City 1-6

2. Elkhorn 6-1 4. Blair 3-4 6. Plattsmouth 2-5 8. Waverly 0-7

SOCCER

ACADEMIC ALL CONFERENCE

Blair

Erin Reeh

Tori Ricceri

Jessica O'Neil

Sam Eicke

Breanne Schoby

Platteview

Melissa Keyes

Dana Nielsen

Camille Dalton

Elkhorn

Jennifer Lerner

Madeleine Michalek

Paige Blaker

Abby Larsen

Lauren Lennard

Liz McNeil

Lauren Samek

Waverly

Steph Abbott

Veronica LeDuc

Jacy Ludwig

Jordan Ludwig

Laura Smith

Lauren Wight

Kelli Harper

Kim Harper

Crystal Spoor

Norris

Amanda Emerson

Raina Keel

Ryleigh Sejkora

Ashley Werner

Rachel Hansen

Plattsmouth

Brei Wagner

Sara Steinkruger

Brittney Jurgens

Olivia Coffin

Julie Nelson

Kayla Porter

Breanne Travis

NE City

Brea Smith

Gretna

Katie Hurd

Erin Meier

Emily Fleming

Sara Gentzler

Jalayne Prorok

Kelsey Stark

Katherine Sturgeon

Hilary Stover

Audrey Petrovich

Girls Soccer Cont.

ALL CONFERENCE

Elkhorn

Liz McNeil

Lauren Samek

Norris

Amanda Emerson

Ryleigh Sejkora

Platteview

Rachael Granville

Bailey Moore

Gretna

Katie Hurd

Hilary Stover

Jenn Lerner
Abby Larsen
Sally Larsen
Cathleen Cox
NE City
Paige Luna

Jordan Funk
Rachel Hansen
Samantha Areman
Alex Mathers
Blair
Erin Reeh
Jessica Hawley
Natasha Kelley

Plattsmouth
Bree Gruhn-McLaughlin

Katie Sturgeon
Jessica Kerwin
Brooke Martin
Kelsey Stark
Waverly
Amanda Haase

ALL CONFERENCE HONORABLE MENTION

Norris
Brittany Cvitak
Ashley Schroeder
Julia Krueger
Raina Keel
Brittany King
Brooke Werner
NE City
Telsa Oldfield
Brea Smith
Kelsey Potter
Katelyn Moyer
Devin Jones

Gretna
Erin Meier
Abbie Harvey
Emily Fleming
Plattsmouth
Brei Wagner
Amy Kerns
Olivia Coffin
Amanda Kuss
Brittney Bennett

Waverly
Jordan Ludwig
Elkhorn
Maddie Michalek
Kara Naumann
Chloe Nabity
Tessa Delaney
Lauren Lennard

Platteview
Michelle Fluckey
Abby Flurry
Christa Manning
Blair
Breanne Schoby
Tori Ricceri
Claire Svoboda
Chelsey Randall

2009 BOYS SOCCER

Soccer Tournament Results:

Gretna

5-0 Gretna

NE City

3-0 Gretna

Norris

2-1 Blair

Blair

2-1

Gretna
CHAMPION

Waverly

2-1 Plattsmouth

Plattsmouth

1-0 Elkhorn

Elkhorn

2-1 Elkhorn

Platteview

Regular Season

- | | | | |
|----------------|----------------|--------------------|-------------------|
| 1. Gretna 7-0 | 3. Blair 4-3 | 5. Norris 3-4 | 7. Platteview 1-6 |
| 2. Elkhorn 6-1 | 3. Waverly 4-3 | 6. Plattsmouth 2-5 | 7. NE City 1-6 |

ACADEMIC ALL CONFERENCE

Platteview

Andy Elliff

Jonathan Herrmann

Blair

Andrew Barnhill

Michael Blaha

Allen Heffelfinger

Colton Janes

Christian Jewett

Dru Kobs

Andrew Rech

NE City

Nick Buda

Austin Dixon

Gretna

Jason Sudrla

Jarrod Paitz

Brian Krajicek

Colton Fruhling

Norris

Caleb Boender

John Hovendick

Jake Kuhn

Jared Zysset

Plattsmouth

Jake Kliewer

Zach Parshall

Alex Eggert

Derek Sutton

Corey Cundall

Waverly

Ethan Karle

Kyle Jisa

Troy Scheuler

Elliot Halvorsen

Ethan Malone

Elkhorn

Ryan Kammer

Cody Oswalt

Matt Lerner

ALL CONFERENCE

Gretna

Jarod Paitz

Jason Sudria

Taylor Martin

Tyler Ortlieb

Brandon Frink

Brian Krajicek

NE City

Austin Dixon

Elkhorn

Colby Twist

Brian McNeil

Ryan Kammer

Alex Lamb

Matt Lerner

Platteview

Owen Dewey

Blair

Andrew Barnhill

Dru Kobs

Sean Wade

Michael Blaha

Norris

Jordan Schaefer

Ethan Bell

Waverly

Troy Scheuler

Jon Latenser

Jared Janssen

Ethan Karle

Plattsmouth

Jake Kliewer

ALL CONFERENCE HONORABLE MENTION

Gretna

Chris Hauck
Colton Fruhling
Connor Bidrowski
Bobbie Grossman

Plattsmouth

Brenden Argento
Alex Eggert
Zach Parshall
Derek Sutton
Darren Eymann

Elkhorn

Gavin Sass
David Watson
Tim Yahnke
Joe Johnson
Paul Blazek
Platteview
Zach Fryar
Matthew Gilleland

Blair

Ryan Randall
Andrew Rech
Brian Hall
Norris
Jared Zysset
Kyle Smith
LaRoy Cobb

Waverly

Jerod Henry
Ethan Malone
AJ Kratz
Myles Karle
Kyle Kisa

**2009 BOYS TRACK
EMC TRACK Results:**

- | | | | |
|----------------|-------------------|------------------|---------------|
| 1. Waverly 128 | 3. Elkhorn 102 | 5. Platteview 39 | 7. Gretna 29 |
| 2. Blair 108 | 4. Plattsmouth 83 | 5. Norris 39 | 8. NE City 21 |

Championship Results:

**** NEW EMC RECORD ****

Event:	1 st	2 nd	3 rd
100m	Tyler Evans Waverly 10.94	Derik Hilt Waverly 11.11	Adam Baxa Norris 11.27
200m	Tyler Evans Waverly 22.23	Derik Hilt Waverly 22.28	Adam Stark Elkhorn 22.34
400m	Andrew Mitteis Plattsmouth 50.06 **	Adam Stark Elkhorn 50.13	Zach Morris Blair 50.91
800m	Andrew Mitteis Plattsmouth 1:59.80	Connor Gibson Blair 2:02.40	Ben Bedell Plattsmouth 2:03.59
1600m	Connor Gibson Blair 4:28.60	Josh Harsin Blair 4:29.81	Andrew Mitteis Plattsmouth 4:41.65
3200m	Josh Harsin Blair 9:46.45	Tom Faughn Waverly 10:12.36	Nathan Boggess Platteview 10:34.45
110H	Andrew O'Neill Elkhorn 15.51	Aaron Conner NE City 15.60	Adam Blake Elkhorn 15.78
300H	Aaron Conner NE City 41.09	Josh Roberts Gretna 41.73	Kevin Scheidmann Gretna 41.93
400R	Waverly 43.86	Norris 44.72	Blair 45.00
1600R	Elkhorn 3:28.78	Blair 3:30.21	Waverly 3:33.72
3200R	Elkhorn 8:36.92	Blair 8:38.30	Waverly 8:39.07
LJ	Jeremy Cook Waverly 21'3"	Kaleb Scott Norris 20'9"	Brandon Hubert Gretna 20'7"
TJ	Taylor Santos Blair 43'3.5"	Jeremy Cook Waverly 42'6.75"	Evan Kucera Waverly 41'11.25"
HJ	Evan Kucera Waverly 6'1"	Tyler Reed Platteview 6'	Cody Sullivan Norris 5'8"
PV	Brandon Rogers Blair 13'10"	Jeff Tomlinson Elkhorn 13'6"	Jake Krueger Blair 12'
SP	Ryan Hawley Elkhorn 55'5.5"	Spencer Long Elkhorn 55'3.25"	Matt Grieve Waverly 52'3.75"
Disc	Nathan Frakes Elkhorn 159'6"	Matt Grieve Waverly 157'10"	Ryan Hawley Elkhorn 154'5"

ACADEMIC ALL CONFERENCE

Blair	Waverly	Norris	Platteview
Taylor Santos	Jessie Krien	Craig Price	Jordan Rewolinski
Josh Harsin	Tyler Evans	Evan Marolf	Colin Branson
Brett Shald	Patrick Faughn	Ethan Mohollon	Jim Walter
Gretna	Plattsmouth	Kevin Glasshoff	Nathan Boggess
Joshua Ward	Bryce Keber	Ben Bedell	Elkhorn
Brandon Hubert	Dan Thompson	Adam Lusch	Brett Alfrey
Silas Pederson	Trevor White	Andrew Mitteis	Adam Stark
James Reitmier	Evan Kucera	Curtis Larsen	Ryan Cook
Brett Friesen			Spencer Long
Nicholas Schroeder			Ryan Maloey
Anthony Marchant			Ethan Paasch
			Jeff Tomlinson

EMC TRACK RECORDS (UPDATED 2009)

BOYS	RECORD	NAME	SCHOOL	YEAR
DISCUSS	186'1"	MIKE WILLEY	PLATTEVIEW	1988
SHOT PUT	59' 10"	NICK BULL	ELKHORN	2003
LONG JUMP	22'3"	MITCH DOSLAND	ELKHORN	1992
HIGH JUMP	6'8"	MARK HOY	WAVERLY	1981
		ROB STUKENHOLTZ	NEBRASKA CITY	1998
		NEUHALFEN	BLAIR	2005
TRIPLE JUMP	46'5 3/4"	TOM MUELLER	WAVERLY	1996
POLE VAULT	14'	STEVE CHADWELL	ELKHORN	1983
		BOHABOJ	BLAIR	1999
		SCOTT NELSON	BLAIR	1992
100	10.7	SCOTT NELSON	BLAIR	1992
200	21.7	MICHAEL KRAJICEK	GRETNA	2005
		SCOTT NELSON	BLAIR	1992
400	50.06	ANDREW MITTEIS	PLATTSMOUTH	2009
800	1:55.0	SETH STEWART	PLATTSMOUTH	1997
1600	4:21.9	TOM BANKS	ELKHORN	1987
3200	9:24.8	ANTHONY ALT	WAVERLY	1993
110 HURDLES	14.7	SKYLAR LUXA	BLAIR	2008
300 HURDLES	39.7	MIKE MARYOTT	BLAIR	1998
400 RELAY	43.1	BRADY NOLAN	GRETNA	2004
		NATE ORTEGREN		
		MICHAEL KRAJICEK		
		LUKE BURSON		
1600 RELAY	3:28.4	BRIAN BENTZINKER	NORRIS	1982
		HARLAN DOESCHO		
		TOM KEEFOVER		
		LADD HARRISON		
3200 RELAY	8:16.2	BEN BEDELL	PLATTSMOUTH	2008
		BRANDON WEEKLY		
		ANDREW MITTEIS		
		ADAM MITTEIS		
WHEELCHAIR SHOT	28' 1/4	HEIMAN	GRETNA	1999
WHEELCHAIR DISCUS	106'4"	ZAC NIEMAN	GRETNA	2000
100	23.5	ZAC NIEMAN	GRETNA	2000
200	52.01	ZAC NIEMAN	GRETNA	2000
400	2:04.0	ZAC NIEMAN	GRETNA	2000

2009 GIRLS TRACK **NEW EMC RECORD****EMC TRACK Results:**

- | | | | |
|--------------------------|----------------------|----------------------|-------------------------|
| 1. Norris 108 | 3. Waverly 86 | 5. Blair 72 | 7. Platteview 22 |
| 2. Plattsmouth 89 | 4. Gretna 83 | 6. Elkhorn 62 | 8. NE City 5 |

Championship Results:

Event:	1 st	2 nd	3 rd
100m	Anne Matrin Waverly 12.38	Gretchen Kroese Norris 12.73	Lynn Fibich Gretna 13.17
200m	Anna Weigandt Gretna 26.84	Jami Pritschau Norris 27.13	Mackenzie Zima Blair 27.30
400m	Nicole Seier Waverly 1:01.38	Jami Pritschai Norris 1:01.49	Lynn Fibich Gretna 1:02.12
800m	Shelbie Stoll Plattsmouth 2:23.04	Shelby Kindelin Plattsmouth 2:23.78	Nicole Seier Waverly 2:25.71
1600m	Shelby Kindelin Plattsmouth 5:22.03**	Nicloe Seier Waverly 5:34.29	Shelbie Stoll Plattsmouth 5:38.90
3200m	Sam Soupier Gretna 12:33.96	Jessica Moseman Plattsmouth 12:36.12	Annelise Madison Norris 12:43.63
100H	Gretchen Kroese Norris 15.22	Abby Olsen Norris 16.56	Morgan Svoboda Blair 16.81
300H	Stevie Grossenbacher Norris 48.28	Gretchen Kroese Norris 48.43	Morgan Svoboda Blair 50.64
400R	Blair 52.12	Norris 52.19	Gretna 53.26
1600R	Elkhorn 4:15.16	Gretna 4:17.61	Norris 4:18.00
3200R	Norris 10:03.14	Plattsmouth 10:04.81	Elkhorn 10:28.25
LJ	Anne Martin Waverly 18'6.75" **	Anna Weigandt Gretna 16'6.75"	Jill Scanlan Plattsmouth 16'3.75"
TJ	Anna Weigandt Gretna 38'8.75" **	Anne Martin Waverly 37'3"	Jillianna Scanlan Plattsmouth 34'7"
HJ	Anne Martin Waverly 5'6"	Jillanna Scanlan Plattsmouth 5'5"	Chelsey Blair Elkhorn 4'10"
PV	Madison Wakefield Blair 9'	Presley Glaser Blair 9'	Erika Scheitle Waverly 8'6"
SP	Dani Nelson Elkhorn 38'7"	Emily Conley Elkhorn 35'7"	Cayla Iske Platteview 35' .25"
Disc	Courtney VandenHoek Elkhorn 119'6"	Amanda Boender Waverly 115'	Meghan Dennis Gretna 114'09"

ACADEMIC ALL CONFERENCE**Platteview**

Jessica Jensen
Cayla Iske
Emily Svagera
Tera Dakan
Gretna
Allison Brucker
Challie Sweeney
Mary Kalisek
Molly Motsinger
Lynn Fibich
Jaclyn Sutton
Cathy Edmison
Jocelyn Dittmar
Darcy Shedeed
Laura Fischer

NE City

Rachel Gogan
Blair
Morgan Svoboda
Aylssa Straube
Maggie Warrick
Rachel Foley
Madison Wakefield
Plattsmouth
Caitlin Anderson
Dana Hansen
Marcy Heim
Liz Johnson
Beckie Kubiaczyk
Andrea LaRosa
Jessica Moseman
Jillanna Scanlan

Norris

Stevie Grossenbacher
Jami Pritschau
Brandi Docter
Lindsey Egger
Annelise Madison
Emily Moravic
Avery Pella
Kelly Prange
Elkhorn
Kellie Baumert
Emily Conley
Amanda Ritter
Courtney Vanden Hoek
Brenna Belknap

Waverly

Laura Clark
Rebecca Eliker
Anne Martin
Erica Scheitle
Nicole Seier
Amanda Woita
Katie Zabel

EMC TRACK RECORDS (UPDATED 2009)

GIRLS	RECORD	NAME	SCHOOL	YEAR
DISCUSS	161'2"	EMILY DURAN	NEBRASKA CITY	2000
		**BEST IN STATE AND 2ND IN NATION		
SHOT PUT	46'6 1/2"	EMILY DURAN	NEBRASKA CITY	2000
LONG JUMP	18' 6.75	ANNE MARTIN	WAVERLY	2009
HIGH JUMP	5'8"	JANET KRUSE	BLAIR	1987
TRIPLE JUMP	38'8.75"	ANNA WEIGANDT	GRETNA	2009
POLE VAULT	10'7"	WILLER	ELKHORN	2007
100	12.1	ALYSSA VIERREGGER	PLATTEVIEW	2005
200	25.4	ALYSSA VIERREGGER	PLATTEVIEW	2005
400	57.5	KIM CLARK	ELKHORN	2001
800	2:08.6	ALICE SCHMIDT	ELKHORN	1999
		**STATE AND NATIONAL RECORD		
1600	5:22.03	SHELBY KINDELIN	PLATTSMOUTH	2009
3200	11:21.3	HEATHER KUHLMAN	NEBRASKA CITY	2003
100 HURDLES	15.1	BECKY KASTRICK	PLATTSMOUTH	1992
300 HURDLES	45.76	KELLI BRUMMER	BLAIR	1998
400 RELAY	51.00	ALYSSA VIERREGGER	PLATTEVIEW	2005
		JOEY AMERINE		
		MALLORY OAKES		
		KORTNEY PETERS		
1600 RELAY	4:05.54	JAMIE RAVE	EKHORN	1998
		KARI BULL		
		TRACI MCCORD		
		KIM CLARK		
3200 RELAY	9:57.1	CHRIS COWAN	NORRIS	1986
		SUSIE GILBERTSON		
		BARB KEEFOVER		
		CARRIE NELSON		

2009 BOYS GOLF

EMC Golf Tournament Results:

1. Elkhorn 318 3. Blair 338 5. Platteview 347 7. Waverly 374
2. NE City 338 4. Gretna 340 6. Norris 372 8. Plattsmouth 418

Medalists

- | | | | |
|----------------------|------------|----|-------------|
| 1. Dylan Heng | NE City | 78 | Won Playoff |
| 2. Konnor Oltman | Norris | 78 | |
| 3. Taylor Peitzmeier | Elkhorn | 79 | |
| 4. Andrew Frakes | Elkhorn | 79 | |
| 5. Connor Lindahl | Elkhorn | 79 | |
| 6. Nathan McGill | Platteview | 79 | |
| 7. Sam Sullivan | NE City | 81 | |
| 8. Dolan Rutherford | Elkhorn | 81 | |
| 9. Jared Gustafson | Gretna | 82 | |
| 10. Collin Vacek | Blair | 82 | |
| 11. Cody Gorsett | Blair | 82 | |
| 12. Cal Harman | Blair | 83 | |
| 12. Clayton Rakes | NE City | 83 | |
| 14. David Debolt | Gretna | 84 | |
| 14. Justin Meyer | Platteview | 84 | |

ACADEMIC ALL CONFERENCE

Blair

Alex Beck
Collin Vacek
Cal Harmon

Platteview

Jacob Partusch
Andrew McGill

Waverly

Zach Tegler
Trevor Wright
Taylor Guenther
Jon Seier
Kyle Tautenhan

Norris

Nate Callen
Dan Rogge

Gretna

Jared Gustafson

NE City

Sam Sullivan

Plattsmouth

Ryan Freeburg
Trevor Edmonds

2009 GIRLS TENNIS

EMC TENNIS TOURNAMENT 2009

TEAM

- | | | |
|---------------|--------------|--------------|
| 1. Elkhorn 30 | 3. Gretna 16 | 5. NE City 6 |
| 2. Waverly 24 | 4. Norris 11 | 6. Blair 3 |

Singles

- | | |
|------------|-----------------|
| #1 Blair | Tara Cowley |
| #2 Elkhorn | Jessica Hottman |
| #3 Gretna | Kayla Kivett |

Doubles

- | | |
|------------|---|
| #1 Blair | Kayleigh Cambell and Rachel Foley |
| #2 NE City | Victoria McCord and Lucy Windle |
| #3 Elkhorn | Kelsi Broekemeier and Katie Broekemeier |

ACADEMIC ALL CONFERENCE

Norris

Alyssa Helmink
Jessie Traudt
Ann Collins
Amy Fosler
Melissa Siefert
Sarah Collins
Jordan Drotzmann

Waverly

Laura Porath
Nicole Echtenkamp
Jessah Hofker
Alyssa Erickson
Elkhorn
Caitie Ellis
Rachel Goeser
Anna Hart
Jessica Hottman
Liz McClelland

Blair

Rachel Foley
Tara Cowley
Aubrey Davis
Alissa Tripp

Gretna

Kristin Goldenstein
Hanna Schmid
Kayla Kivett

EMC ONE ACT COMPETITION 2008

1.	Norris	169	5.	Plattsmouth	138
2.	Gretna	168	6.	Blair	153
3.	Elkhorn	155	7.	Platteview	143
4.	Waverly	148	8.	NE City	140

Best Actor: Eric Johnson , Blair, "Thomas Pinikles" from Quiet Place

Best Actress: Lindsey Oelling, Norris, "Shelia" from Pot Boiler

BASEBALL

Baseball Tournament Results:

Elkhorn

	Elkhorn		
Bye			
	6-0	Elkhorn	
Norris			
10-4	Blair		
Blair			
		11-9	ELKHORN CHAMPION
Gretna			
8-4	Gretna		
Waverly			
	5-2	Gretna	
NE City			
	NE City		
Bye			

EMC Regular Season

- | | | |
|----------------|---------------|----------------|
| 1. NE City 4-1 | 3. Blair 3-2 | 5. Norris 1-2 |
| 2. Elkhorn 3-1 | 4. Gretna 2-2 | 6. Waverly 0-5 |

ACADEMIC ALL CONFERENCE

Blair	Waverly	Norris	NE City
Tom Hodgson	Jeremiah Lubber	Tim Onwiler	DJ DuVall
Ryan Garder	Jordan Anderson	Chad Johnson	Kevin Rademacher
Joey Gentzler	Brett Sales	Spencer Evans	John Russell
Blake Kopf	Gretna	Taylor TeKolste	Matt Russell
Connor Ellis	Matt Schuetz	Elkhorn	
Jerad Petersen	Jordan Stirtz	Josh Bullock	
	Ross Nuehaus	Jake Long	
	Ben Fleck	Rob Wheeler	
	Alex Arkfeld	Alec Nodgaard	
	Ryan Zapotocny	Tanner Johnson	
	Jared Gottberg	Weston Foxx	

ALL CONFERENCE

NE City	Elkhorn	Gretna	Blair
Logan Ehlers	Weston Foxx	Steven Weideman	Jake Petersen
Travis Peterson	Josh Bullock	Stefan Katsampes	Ryan Garder
Matt Russell	Patrick Johnson	Kevin Andersen	Jarrett Grabbe
John Russell	Andrew Simpson		
Greg Denniston			
Norris	Waverly		
Tim Onwiler	Nick Maguire		
Spencer Evans	Jeremiah Lubber		

ALL CONFERENCE HONORABLE MENTION

NE City

Garret Anthens

Kevin Rademacher

Norris

Taylor Tekolste

Nathan Hoover

Chris Velander

Ben Oltman

Elkhorn

Jake Long

Tanner Johnson

Robert Wheeler

Waverly

Tannor Tenopir

Gretna

Jared Gottberg

Matt Schuetz

Blair

Andrew Pierce

Tom Hodgson